



Hair Follicle Care

INSTRUCTION CARD

Hair Follicle Stimulation Pre-care:

- Please come to your appointment with a clean head of hair**
- Avoid alcohol and caffeine 24 hours prior to treatment**
- Avoid color treatments for 30 days before treatment**

Fawn@FawnSkinStudios.com

760-505-2618

www.FawnSkinStudios.com

@FawnSkinStudios

Hair Follicle Stimulation

Aftercare Guide

To Do's:

- Massage Strand Aftercare Spray into scalp 2-3 times a day, 42 hours after treatment
- Eat nutritious foods and hydrate well
- Taking Collagen, Vitamin C and E, and Zinc will help support the healing process

Safe To Do After Treatment:

- You may start using baby shampoo 72 hours after treatment for 2 weeks
- Light exercise can resume 3 days after treatment if you can avoid sweating in the treated area
- You may pat the area if itchy

Avoid Doing After Treatment:

- Do not get your hair wet for 24 hours
- Do not use shampoo for 72 hours
- Do not use any products other than baby shampoo and Strand Aftercare Spray on your hair for the first 2 weeks of recovery
- Do not color your hair for 30 days after your last treatment
- No excessive sweating for the first 7 days
- No direct sun exposure for 30 days
- Avoid swimming and saunas for the first 7 days
- Do not scratch the treated area
- Avoid alcohol the first 3 days after treatment

Its Normal If You Are Experiencing:

- Itchiness
- Mild discomfort and redness within the first 24 hours

Treatments can be preformed every 2-3 weeks